

**CAN YOU HAVE 20/20 EYESIGHT AND STILL
SUFFER FROM AN UNDIAGNOSED VISION PROBLEM?**

The simple answer is yes. It is estimated that 1 in 6 individuals have a vision problem unrelated to their ability to see 20/20 with or without glasses. However, many patients fail to report these symptoms because they've been occurring for so long they seem normal. Or worse, other eye doctors in the past may have concentrated on the ability to see "20/20" and failed to identify and correctly diagnose the problem. By completing the survey below you are taking a positive step towards helping yourself see more comfortably and clearly than you ever have before.

In order to evaluate your risk for such an undetected/undiagnosed vision problem please complete the following survey. (Circle the most appropriate answer, N= Never, S=Sometimes, O= Often, A= Always)

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| 1. Do you have blurred vision? | N S O A |
| 2. Do you get tired or sleepy when reading? | N S O A |
| 3. Do you lose your concentration easily when reading? | N S O A |
| 4. Does your vision seem worse later in the day? | N S O A |
| 5. Do you ever experience double vision? | N S O A |
| 6. Do you often close one eye when reading? | N S O A |
| 7. Do your eyes feel "tired or strained" at the end of the day? | N S O A |
| 8. Do words seem to run together or appear blurry when reading? | N S O A |
| 9. When reading, do you skip over small words or lines? | N S O A |
| 10. Do you sometimes feel your eyes are not working together? | N S O A |
| 11. When you look up from reading, does distance vision seem blurry? | N S O A |
| 12. Does prolonged reading or other close work give you headaches? | N S O A |
| 13. Do your eyes feel irritated or dry near the end of the day? | N S O A |
| 14. Do you need frequent breaks when reading? | N S O A |
| 15. Do you experience poor comprehension when reading? | N S O A |
| 16. Do flickering lights or fluorescent lights in general bother you? | N S O A |
| 17. Do you get motion sick when reading in the car or riding in the back? | N S O A |
| 18. Does certain fabric or wallpaper give you headaches or vertigo? | N S O A |
| 19. Do crowds in general make you anxious or irritable? | N S O A |
| 20. Are you afraid of heights? | N S O A |

If you answered **Sometimes** to 5 or more questions or **Often** and **Always** to ANY of the questions you are at risk for having an undiagnosed vision problem which may affect your performance on reading, computer related tasks, or other near vision activities. If you answered **Never** to all the questions, but avoid reading or have never liked to read you may still be affected.